Exhibit O



BP-A0148

INMATE REQUEST TO STAFF CDFRM

U.S. DEPARTMENT OF JUSTICE

FEDERAL BUREAU OF PRISONS

TO: (Name and Title of Staff Member)	DATE:
FROM: Schultey Joshua	REGISTER NO.: 74471 \$54
WORK ASSIGNMENT: VNWNSFITUTIONS	UNIT: 105

SUBJECT: (Briefly state your question or concern and the solution you are requesting. Continue on back, if necessary. Your failure to be specific may result in no action being taken. If necessary, you will be interviewed in order to successfully respond to your request.

Pretrial Detention is the Detention of human beings legally presured innocent; they are Detained for the "greater good" to protect the community. As such, rights AND privileges cannot be derived pretrial innules. If a specific right or privilege would readily be available to the average American and would not interfere with the legis lative intent of pretrial Detention to protect the community then it must be permitted. Although the ISOP is designed to deny, punish, and turture slaves, it cannot apply its salistic punishment to people legally presumed innocent otherwise the different petween prison (to punishment to people legally presumed innocent otherwise the different petween prison (to punish and detention (to protect the community) shrinks to nill and permissible legislation murphs into impermissible punishment. Livewise, SAMs inmakes cannot be leaved privileges granted to normal pretrial in makes that do not infringe upon the sAMs directive. I recognize the following as unconstitutional and request immediate reform

Signature Staff Member	Date

Record Copy - File; Copy - Inmate

PDF

Prescribed by P5511

This form replaces BP-148.070 dated Oct 86 and BP-S148.070 APR 94

(A.) Purishment unconstitutionally and arbitrarily imposed upon pretrial SAMs Ihmates without due process and entirely unrelated to the SAMs which all other immates outod:

1.) As hitrary denial to fell prison whenessary including body soup, pens, and paper

2) Denial of use of Library to Checkout books

- 3.) Denial of public defender phone to call attorney any time
- 4.) Denial of TRULTINGS email access to contact attorney any time
- 5) Denial of full watact attorney visit to exchange downers

6.) Denial of fell contact family visits

- 7.) Denial and restriction of family calls from 300 to 15 minutes per month
- 8.) Denial of Normal TU watching crust install TUS in cells; even convicted BOP
- 9.) Derial of normal prison amenities such as ite, hot water, microwaves, etc.
- 10.) Denial of Migibus Services (Mendied through TU)
- B.) Punishment unconstitutionally imposed upon pretrial inmates without due piocess that will be readily available to the average free American to enjoy.

- 1.) TUs and radios (See Section A.B.)

 2.) BOP Commissary is unconstitutional monopoly, must allow competition with Amazon and other wenders for Good and leisure items
- 3.) Purchase and/or prison provided 4 box, gameboy, and other electronic denses Used for typical ZIST century Aperican enjoyment.

4.) BOP phones unconstitutional prenopoly, must allow all phone usage

- 5.) Internet access for all pretrial impaces as the internet is fundamental to free special
- C.) Cruel and unusual punishment illegally imposed upon pretrial SAMs innates:
 - 1.) Windows blacked out and bordened up to prevent view of outside to Elicit psychological
 - 2) Clocks and time unavailable to inmuse to plicit psychological TORTURE
 - 3) Pillows denied to innates to plicit psychological TORTURE
 - 4) Hot water derived to invales to clicit psychological TORTURE
 - 5.) Peligious services benied to immake in violation of 1st amendment (See A. 10)
 - b.) Ability to control lights denied to inmates to elicit psychological Turture
 - 7.) Dental and reducal cure restricted and derived to immakes to plicit psychological
 - 8) Northly Phase calls limited to one per month for 15 min to Queit psychological Tours 9.) Rell Red/culd uncontrollable and Set outside Normal range
 - (D.) Solitary confirement with limited activities including inability to write nead, watch this or play games leaves immake with nothing to do all day and is psychological TORTURE